

Set up a sacred space, somewhere with a crucifix, candle or night light, bible and something purple.	Tune in to livestream for Holy Week services Falkirk Catholics on Facebook or the Falkirk Catholics Website .	Read (in instalments) the bible story of Jesus' life from Palm Sunday to Easter Sunday.	Support each other to serve by identifying a way you can be of service to each other at home.	Put something green on your front door to celebrate Palm Sunday
Encourage children to make pictures of the events of Holy week and to think about the thoughts and feelings of a particular character.	Make an Easter Garden on Good Friday. Use a shallow bowl or tray. Use compost and moss or weeds. Find some stones to make a tomb and add sticks to be the cross on a hill.	Share prayer time together, teach each other the words of a new prayer, or use words of your own to praise and talk to God	Go on a wonder walk (if you can). Use all your senses to be aware of the wonder of God's world and thank Him for creation.	Spend quiet time reflecting on your day. Use these 3 words as a prompt: Thank-you... Sorry..... Please.....
Pray the Stations of The Cross together. Youth Stations of the Cross	Have a small ritual of the washing of the feet with each family member in turn pouring water over the foot of another.	Watch Miracle Maker or Jesus Christ Superstar as a family.	Phone or text someone today who has been in your heart and prayer.	Find some worship music online to help you to pray. E.g. Hillsong worship, Taize, Audrey Assad,
Spend 10 minutes on your own, having a cup of hot chocolate (or juice) with God. Just spend time with Him	Draw a cross with flowers all around it. For each act of love or kindness you carry out, colour in a flower so you have a beautiful picture by Easter Sunday	Sing the children's liturgy song together "God's love is the best love" (Flintstones tune)	Take 5 minutes each day to reflect on how you can use your time at the moment to develop into the person God intends you to be.	Make a collage of part of the Easter story using natural resources found in your garden or on a walk.
Mark the Way of the Cross outside with piles of stones or crossed sticks at each station	Before each Holy week service take a few minutes to remember what it is about and perhaps use this booklet as a focus.	Each Sunday you can access our Children's Liturgy video here children's liturgy link	Following on from the idea of rainbows of hope, make a picture diary of Holy Week for your window.	Spread Easter Joy with your smile

25 ideas to help families and others to celebrate Holy Week at home
please share your experiences with us youthandyoungadults@falkirkcatholics.org